



Regional Training Information Packet

RULER Training Institute

Thank you for your interest in hosting a regional RULER Institute training! The RULER Institute is the first step for bringing RULER to any preK-12 school. The two-day, in-person institute is designed to equip a small team (least one school administrator plus at least two teachers or mental health professionals) from each school to lead RULER implementation. The training consists of two full days of interactive and reflective activities that teach the principles and skills of emotional intelligence and the tools developed at the Yale Center for Emotional Intelligence to support individual growth and to improve school climate. During the training, [RULER Implementation Teams](#) will also have time to begin strategizing how they plan to bring RULER to their school, starting with how they will train the rest of their school staff.

Hosting a Regional RULER Training Institute

Regional trainings are possible if 25 or more schools within a district or region are committed to adopting RULER. The timeline to arrange and host a regional RULER training is approximately 90 days. During this time, a designated liaison from your district or region will work with a RULER training coordinator from the Yale Center for Emotional Intelligence. This training coordinator will support and guide you in the process of setting up the regional RULER training in your area.

Selecting a Host Liaison

The Host Liaison is the person from your district/region responsible for coordinating training logistics with the regional training coordinator from RULER. This person should plan to be available for:

- Weekly touchpoints with the RULER training coordinator from Yale as the training is being planned (typically a 90-day process)
- Event management for the actual training

Before Reaching Out to RULER

Prior to reaching out to the RULER team to begin the process of bringing the RULER Institute training to your region or district, we request confirmation of:

- A Host Liaison (name and contact information)
- 25 or more schools from your district or region committed to attending the training with available funding (\$6,000 per school team of 3)
- An accessible venue identified to accommodate attendees

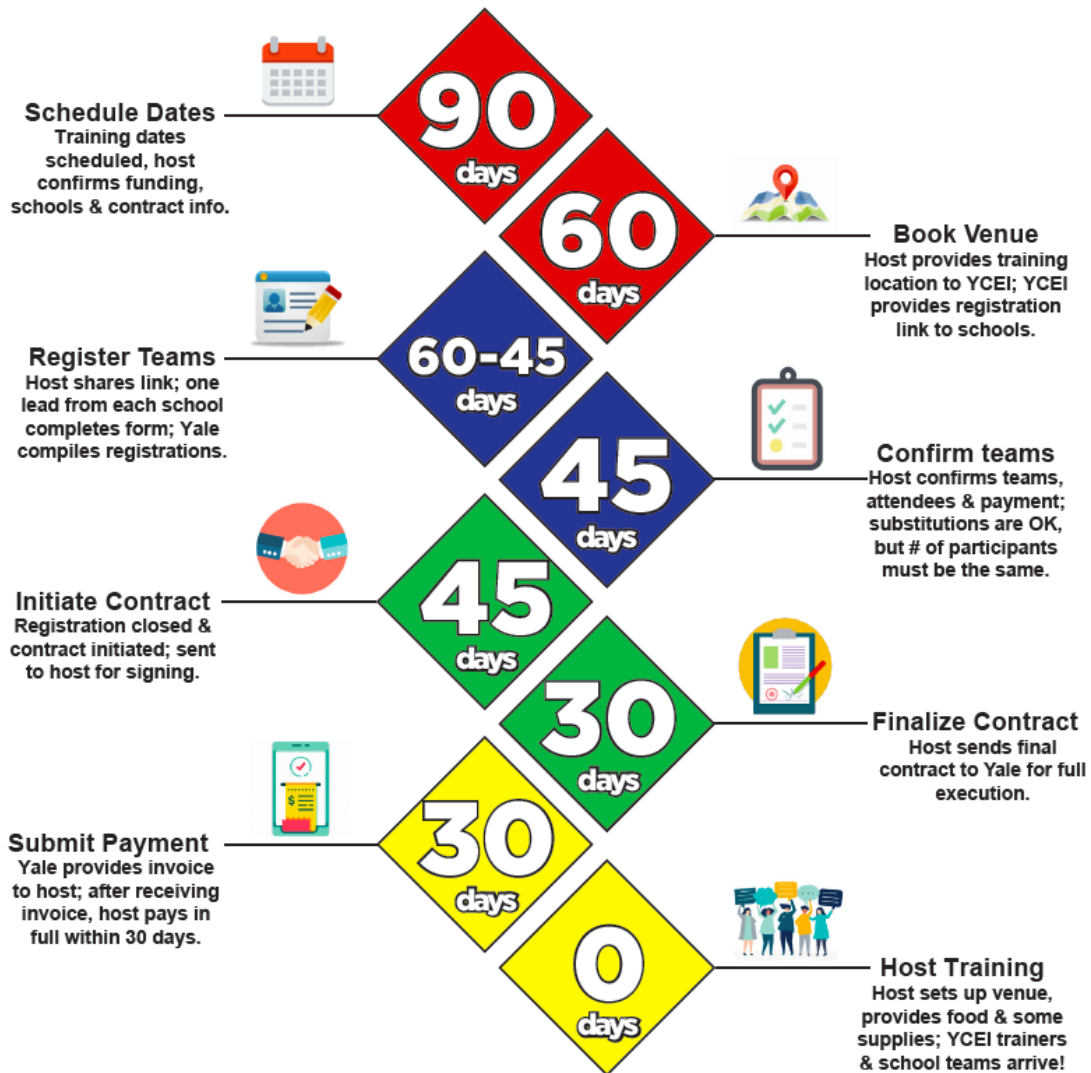
Reviewing the Timeline

Leading up to your regional RULER Training Institute, there are important steps to ensure that the training is a success. Please review our timeline for an in-depth look at the regional RULER Institute process.



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Regional RULER Training Institute Planning Timeline



**Please note that if fewer than 25 schools have registered 45 days prior to the training, the training may be cancelled or both parties (Yale and the region/district) may agree to renegotiate the terms of the contract for training to take place at another time in the future.*

Next Steps

Are you ready to get started with planning your RULER Institute training?
Contact rulertraining@yale.edu to speak with our RULER training coordinator!